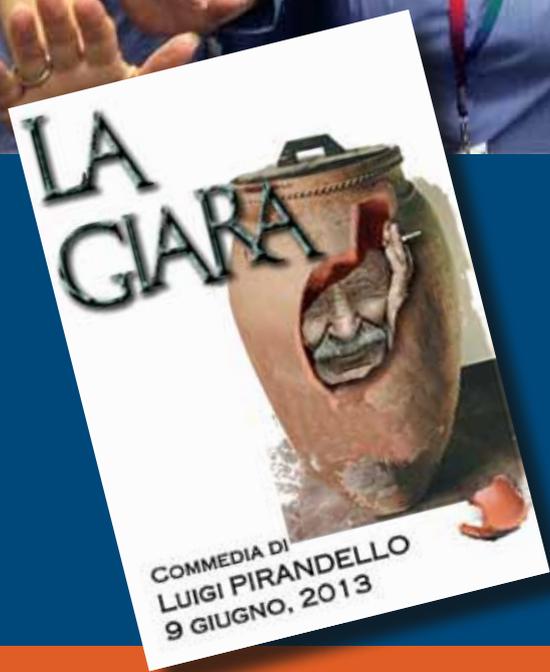


edition 2 – 2013

# insieme

co.as.it. magazine



Celebrating 35 years  
of community  
services



# director's note

Often we get so busy with our jobs that the opportunity to rest and enjoy what we have seems to be put on the bottom of the list. It is these times however that we should grasp and really savour because they rejuvenate and refresh us.

Co.As.It. will be very busy over the coming months with activities organised for the 2nd June celebrating Italian National Day to be held at the Brisbane Abruzzo Club. It will be a lively event with lunch and entertainment provided, so come and enjoy the day and catch up with your friends, old and new. It will also be an opportunity for Co.As.It. to thank its many volunteers who devote their precious time. Get your tickets early, visit us at 35 Dover Street, Albion.

We are proud to host the Bottega D'Arte Teatrale from Sydney who will be putting on Pirandello's hilarious comedy La Giara on 9th June, 2013. Follow the antics and the traditional Sicilian music of the poor old farmer who has broken his oil jar and then becomes trapped in it when it's repaired. Tickets are selling fast and there is only one show at the St. Laurence's College Theatre, so don't miss this wonderful Italian play, check the details inside this newsletter.

On many occasions I have been asked about support for carers of dementia sufferers and other carers who are in a caring role for 24

hours a day. Co.As.It. is proud to announce that it has been successful in gaining funds from the Federal Government to help carers in our community to access respite on a Saturday from 9am to 4pm through Casa Serena at Stafford and overnight respite in their own home.

At this stage we can only help carers living in the Brisbane North area. Take advantage of this wonderful service, contact our office for more information.

*Dina Ranieri*



**co.as.it.**  
community  
services

35 dover street  
albion qld 4010

po box 59  
albion bc qld 4010

tel: 07 3262 5755  
fax: 07 3262 9985

mail@coasit.asn.au  
www.coasit.asn.au

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# SCOPRENDO LA GOLD COAST

Nemmeno il Co.As.It. riesce a stare dietro a tutte le avventure dei gruppi HACC che si spostano continuamente da un posto all'altro!

Il 21 febbraio scorso due pullman pieni di giois=osi anziani sono partiti destinazione Gold Coast per un giorno di turismo e per un pranzo al Casino.

Il gruppo dei partecipanti aumenta costantemente e i nuovi "vacanzieri" sono stati felicemente accolti dai "veterani" e insieme sono partiti in perfetto orario alle 8.30.

La Coordinatrice dei gruppi, Emanuela Febo, aveva preparato una serie di interessanti attività e i gitanti si sono divertiti durante il viaggio ascoltando barzellette, indovinelli e mucia tradizionale italiana. Dopo la notizia clamorosa del ritiro di Benedetto XVI tutti erano ansiosi di ascoltare la storia della sua vita e la sua carriera sacerdotale.



Arrivati a Nerang, la prima fermata è stata alla pasticceria italiana 'SaaMaria' dove i partecipanti alla gita hanno potuto gustare un buon caffè e dei dolcetti preparati appositamente per loro.

I cannoli hanno riscosso grande successo fra i molti che non hanno saputo resistere alla pasta croccante ripiena di crema pasticceria o di ricotta!

Il gruppo ha proseguito poi verso Surfers Paradise e Broadbeach, dove hanno potuto vedere le bellezze delle due località balneari.

C'è sempre un'aria di vacanze in questa zona che aiuta a ridurre la tensione, rinfresca lo spirito e spazza via le ragnatele nel cervello. Non c'è da stupirsi che i turisti arrivano da tutto il mondo per godersi l'atmosfera e le

spiagge meravigliose di questa zona.

Per i partecipanti alla gita è arrivato il momento di rifocillarsi e quindi il gruppo si è diretto al Jupiter's Casino per un pranzo stupendo che ha accontentato proprio tutti.

La gita è stata un grande successo, provata dal sorriso sui volti di tutti.

Date ad un italiano dei buoni amici, la famiglia, il mangiare buono e un buon caffè e vedrete la vita sorridergli!

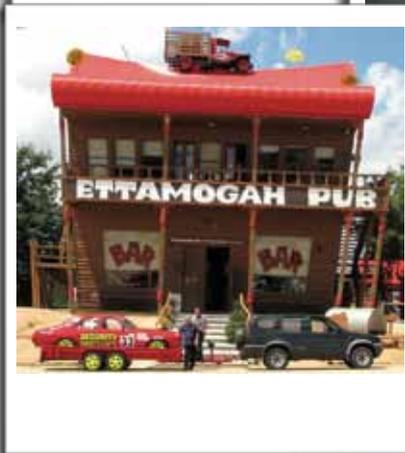
*Date ad un  
italiano dei buoni  
amici, la famiglia,  
il mangiare  
buono e un buon  
caffè e vedrete la  
vita sorridergli!*

Anyone wishing to join the happy crews is invited  
to contact Co.As.It. on 3262 5755

# aged care services

home and community care program

## cruising the noosa river



*From the top deck, the visitors were able to enjoy the sights of Lake Cooroibah, all whilst sipping a glass of wine or a cold beer.*

The HACC Social Outings continue to bring together a wide group of people to enjoy social and recreational activities on a monthly basis.

Almost fifty people enjoyed a balmy cruise along the beautiful Noosa River on March 20, 2013. What an excited group was waiting for the air conditioned coach bus that rolled up at 8.30am that day – the anticipation of another great day out was infectious!

On arrival at Noosa, the Noosa Queen Cruiser was at port ready to take the energized group on a memorable trip up the river. The Noosa River catchment starts in the Wahpoonga Range near Mount Elliot in the coastal Great Sandy National Park and meanders south through a lakes district around Tewantin.

A large number of lakes make up this pretty area and include Lake Cooloola, Lake Como, Lake Cootharaba, Lake

Cooroibah and Lake Weyba. The catchment is mostly covered by sand dunes and has two major tributaries, Gin Gin Creek and Teewah Creek. The Noosa River enters the Pacific Ocean at Noosa, where substantial and expensive residential development has occurred.

From the top deck, the visitors were able to enjoy the sights of Lake Cooroibah, all whilst sipping a glass of wine or a cold beer.

As the group reached the upper river, the cruiser was welcomed by whistling kites and other native birds living in the habitat - the river is noted for its populations of migratory birdlife. As the group returned to shore, delicious, pre-ordered meals were served at the Trio cafe on the river.

On the return journey, the coach pulled into the ridiculously perched Ettamogah Pub. The word "ettamogah" is Aboriginal for "place of good drink!"

The original concept for the pub came from cartoonist Ken Maynard who published its appearance and its wiley characters in the Australasian Post magazine for over 40 years. As in the comic strip, a 1930's Chevy balances precariously on top of the bright red roof of the Pub.

It is one of Queensland's leading tourist attractions and its quirky shape and caricature features are a constant source of amusement for tourists.

A fresh gelato or a cold drink was enjoyed by the group in front of the structure before the Coordinator distributed a large pile of Easter eggs kindly donated by Co.As.It.

As Easter wishes were exchanged and compliments about the lovely day trailed off, the group dispersed into the coach for the trip back to Brisbane. What a thoroughly enjoyable day!

## dona rotolone

Hi my name is Dona Rotolone and I am the new Community Services Officer.

I work two days a week, on Thursdays my duties extend to all areas of the office assisting either in HACC or CISS and on Fridays, I assist the coordinators in CACP.

I love the variety of the tasks given to me - so different from what I am used to. I have worked almost my entire adult life in our family business and was the only woman in a smash repair workshop filled with men.

The dynamics and enthusiasm in the office are so inspiring that even though I have only worked for Co.As.It. since 21 February it was very easy to come to the conclusion that Co.As.It. was a great place to work.



I first came in contact with Co.As.It. many years ago. My 90 year old mother has been a client since 2000 and I can't begin to extend my gratitude and appreciation to all the wonderful people who have assisted her over the past 13 years.

It has allowed her to still be independent, positive and happy in herself. So much so that she still lives on her own. Because of my mum's association I was always aware of the great work carried out by Co.As.It.

but in no way was I aware of the extent of the many other services and generosity of so many wonderful and inspiring women under one roof.

I am married with three children - two sons and a daughter and I have two beautiful grandchildren whom I adore and look after two days a week.

Even though life is very busy, working here, baby-sitting and still training my daughter-in-law with the accounts for the smash repair business, (now run by my son and his wife), I absolutely love working at Co.As.It. Community Services.

I feel very inspired and privileged to be associated with such a wonderful organisation.

## rosa bradbury

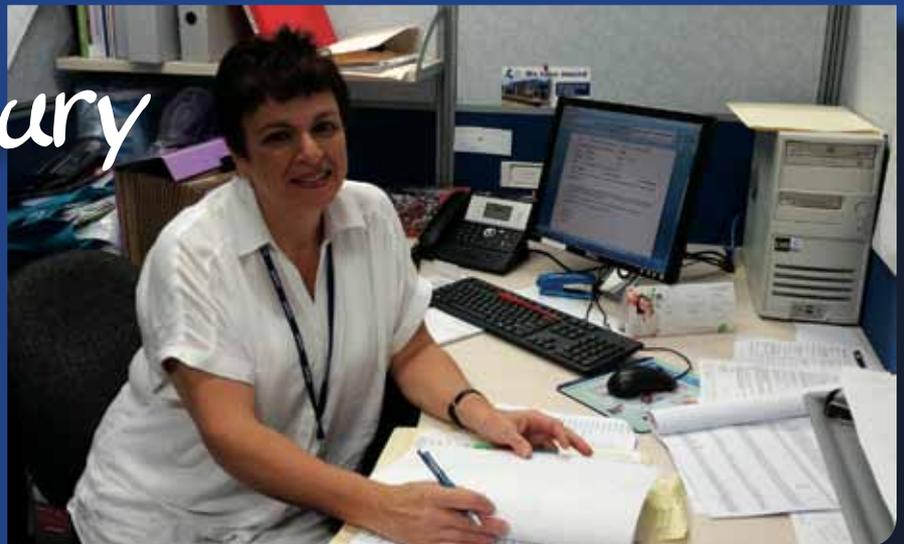
Ciao amici e clienti

My name is Rosa Bradbury and despite my retirement from general nursing in August 2012, I seem to be back in the swing of things!

When I was approached by Co.As.It. to take on my role, I remember saying "Surely there must be someone more suited for this job?"

However, the Director was not swayed by my hesitation and simply asked when I could commence!

So on March 6th I began the job of administrator for the Medical Aids Subsidy Scheme (MASS), specifically for the order



and delivery of continence aids for clients in our community. In the future, once my Practice Licence is renewed, I am looking forward to carrying out another role with the organisation - that of Community Nurse.

I hope not to let the team down and am slowly getting a grasp on how to say 'ciao'

to our clients and process their requests for incontinence aids.

A big thank you must go to the previous MASS administrator, Liliana Chisari who has been very supportive in handing over this job, one which she held for over 10 years. I am looking forward to being a part of the team at Co.As.It.

# aged care services

## community aged care packages

### why co.as.it. community care workers are

# different

By the year 2026, it is expected that the Australian population aged 65 years and over will exceed that of those aged 15 years and younger.

Why is the number of aged persons so high? Put simply, since the 1970's, fertility rates have dropped and because of better health information and education programs, people are living longer.

The "baby boomers" generation viz. those born in the two decades following World War II, is now nearing 65 years of age and entering retirement, it is this group which is starting to impact on aged care service planning.

Changes in government policy is redirecting aged care service provision to increasing the number of people living independently at home rather than in an aged care facility.

So how do we cope with the increasing aged care service demands of an older population? By making sure that they have continuous, high quality support services that enable them to remain at home, maintain their independence, pursue their lifestyle and still be an active participant in community life.

That means a mobile, skilled workforce with a strong knowledge base in community work - willing to care for people at home.

Most service providers have a common goal, to help people remain in their own homes for as long as possible (or until such time as the decision to move needs to be addressed).

At Co.As.It. we are passionate about caring and our workers take an important role in noticing changes in the needs of our clients - it is this attention to detail that



is the difference between a good worker and a great worker!

Our community care workers notice the small things in our clients' lives eg. their mental wellbeing, changes to their environment or their health, changes in their attitudes, appetites, appearance as well as identifying other factors which dictate a change in the care that we provide.

As their needs change, our support adjusts accordingly. Under the Community Aged Care Program (CACP), improving and maintaining quality of life for our clients is through a wide range of in-home based options, some of which are; assistance with personal care needs, shopping, meal preparation, domestic assistance and transport.

Without our community care workers, clients would not enjoy the valuable support that enables them to stay at home and live in their own environment.

Co.As.It. workers are well trained to work with the elderly - fostering their independence and maximising their functionality and Co.As.It. takes great pride in supporting its workforce to broaden this expertise.

The organisation facilitates community care workers' attainment of Certificates III and IV in Home and Community Care; workers attend regular up-skilling sessions and specialised First Aid training is organised annually - all at no cost.

To meet the expected increase of people requiring assistance as they age, Co.As.It. continues to recruit dedicated, empathetic people who genuinely want to make a difference to another person's life.

In the next few years, there will be a greater need for gifted community care workers, perhaps you too would like to join our great team and work in an area of growing significance. Why not call our office to discuss the possibilities.

# aged care services

*home and community care program*

## hacc in a nutshell



The HACC (Home and Community Care) Program continues to be very busy with a big influx of new referrals since the end of last year.

Following reforms which are still underway within Queensland Health, a higher number of elderly people have been seeking support services to help them remain independent within their own home. The HACC program provides assistance to frail elderly and young people with a disability and their carers.

Service provision comprises:

- basic domestic assistance
- personal care
- assistance with shopping
- medical appointments
- monthly social outings
- monthly cemetery visit
- meals preparation
- in home respite and centre based day care respite for carers

Clients can also access allied health services (podiatry, nursing and physiotherapy).

Services can be accessed through referrals made from hospitals, doctors, family members, friends or individually by the person who requires assistance and a small contribution fee applies for service provision.

As a CALD (culturally and linguistically diverse) organisation, Co.As.It. Community Services employs workers from different cultural backgrounds to better meet the linguistic needs of our clients. If you or someone you know is committed, compassionate, may have a second language, likes to work with the elderly and wishes to make a difference in the aged care industry, why not give our friendly staff a call?

Career opportunities and training are available for successful applicants.

For more information about us and our services contact us at our new address:

**35 Dover Street Albion 4010**  
**Phone 3262 5755**

# è pasqua!

I centri diurni di respite del Co.As.It.hanno festeggiato la settimana di Pasqua con una serie di attività giornaliere che si sono svolte in ogni centro. Tutti si sono divertiti ed hanno gustato dei buoni piatti!

La colomba, il tradizionale dolce pasquale italiano, è stata servita per colazione, seguita da un pranzo stupendo che ha ridato le forze a tutti i presenti per affrontare le attività pomeridiane.

Il karaoke è stato apprezzato da tutti e molti presenti hanno provato a cantare mentre altri accennavano qualche passo di danza.

La lotteria di Pasqua è stata caratterizzata da tantissimi premi, e molti anziani hanno fatto calcoli, espresso teorie e hanno tentato di indovinare il numero esatto di uova nel barattolo - un gran divertimento per tutti e tanto cioccolato per il vincitore. Al diabete ci penseremo domani...

Ma il momento più bello è stata la visita inaspettata del coniglio pasquale, un coniglio così grande che ha fatto pensare alla sua dieta annuale di uova di cioccolata!

Con la sua testa grande, le orecchie altrettanto vistose e due piedi immensi, il coniglio ha condiviso la sua cioccolata con tutti quelli che non hanno vinto la gara delle uova nel barattolo.

*La colomba, il tradizionale dolce pasquale italiano, è stata servita per colazione, seguita da un pranzo stupendo che ha ridato le forze a tutti i presenti per affrontare le attività pomeridiane.*



# aged care services

*day care respite centres*



# happiness and wellbeing



When we talk about 'good health and wellbeing' we often only think about our physical 'fitness and medical health'.

It is important to remember that our emotional, social, spiritual health is just AS IMPORTANT!

Often in people with dementia, these aspects of wellbeing are overlooked.

It is important to remind ourselves that dementia is not just one disease but an 'umbrella term' which encompasses a variety of symptoms that may represent different conditions or diseases.

In fact, many symptoms which may be attributed to dementia may actually be reversible if they are caused by other things such as: constipation, medication conflicts, infections, brain tumours, depression, pain, vitamin deficiencies, and dehydration.

We now know that once any of the above mentioned conditions are addressed and dealt with, the dementia symptoms are likely to disappear or return to the level they were BEFORE THE CONDITION APPEARED.

It is therefore extremely important when working with people with dementia to have

It is important to remember that our emotional, social, spiritual health is just AS IMPORTANT!

Often in people with dementia, these aspects of wellbeing are overlooked.

a holistic approach and look at all aspects of the person's well being, not just the cognitive or the physical.

For example, we all have universal emotional needs and they include:

- To feel needed and useful
- To have the opportunity to care
- To love and to be loved
- To have self-esteem boosted
- To have the power to choose

Our challenge is to meet these needs, not only for ourselves but for our loved ones with dementia.

If you are having a difficult time getting through to your loved one with dementia, please feel free to contact us so that we can help you devise daily strategies which will benefit both parties.



# q's & a's

## with our volunteers

Our CVS Program is very important for a number of reasons. Not only does it provide a resident in a nursing home with a friend who visits regularly, it also provides a sense of satisfaction for the volunteer who makes the effort to visit.

We interviewed two special volunteers, Josie Masciantonio and Renza Nave and asked them what they thought about their role as a volunteer.

### Q. Why do you do volunteering?

**Josie:** From a young age I have always enjoyed giving some of my time to people in the community who require another person's human touch, whether it's a helping hand, emotional and sociable support, or just to have someone come and visit as a friend.

**Renza:** I do volunteering because I love offering my time, talent and energy towards making a happy and caring community.

### Q. What benefit do you get from volunteering?

**Josie:** It's rewarding, comforting and also it makes me feel content that I am making a difference to someone's life, someone who is in a place where they may be feeling isolated from the rest of the world.

**Renza:** The benefit of volunteering for me is the joy of giving myself to the CVS program, the appreciation of those you visit and the company of new friendship with the resident and staff.

### Q. What activities do you do with the resident?

**Josie:** We talk about the resident's childhood and past events (old times in her hometown Naples, Italy). The resident gets so much enjoyment knowing she can

share her memories with me. We listen to Italian music, we sing along together and also go for small walks around the nursing home.

**Renza:** The activities I do with the resident is going for short walks, listening to music, hand massaging and many interesting general discussions, especially of the client's life stories.

### Q. What benefit is there for the resident?

**Josie:** The resident knows I am a friend she can talk to and trust, she knows I have made the commitment to visit her every fortnight, it makes her feel happy to know she is still connected to the outside world, therefore, doesn't feel isolated in any way.

**Renza:** The benefit for the resident is being regularly visited by a volunteer who is genuinely keen and committed to the program. Receiving and sharing my time and energy with the resident, thus giving joy and happiness with the company of new friendship.

### Q. Would you like to have a volunteer visit you if you were to go to a nursing home yourself one day?

**Josie:** In one word - ABSOLUTELY!

**Renza:** Yes, definitely!

### Q. Would you recommend volunteering to others?

**Josie:** I certainly do recommend being a volunteer, there is not enough words to explain how important it is in our community to know that there are people who care and make time for others.

**Renza:** Yes, as volunteering gives you community spirit, it is rewarding, creates personal satisfaction and benefits the community.



# entertainment on the coast

The Gold Coast Day Respite Centre has organized some entertaining activities these past few months.

It seems that every month there has been a special event eg. Valentine's Day and the Coordinators have used these themes to decorate the premises with colourful creativity.

For Australia Day celebrations the Centre was decorated with pictures of native Australian animals, flowers and Australian flag and the happy participants sang 'Advance Australia Fair', and 'I Still Call Australia Home'. Enthusiastic shouts of "Aussie, Aussie, Aussie" throughout the day were followed by even more excited responses of "Oi! Oi! Oi!"

Clients were given a taste of some popular Aussie icons too - Sao biscuits with ham and tomato, vegemite and cheese, peanut butter and Australia's much loved lamingtons – and that was only for morning tea. After lunch, they all indulged in tinned fruit salad, jelly and ice cream. It's not all fun and games though – well most of the time it is! There are however

some really useful information sessions too when on February 12th the Centre hosted a friendly get together for families with clients who have dementia. Guest speaker and Co.As.It. Dementia Resource Officer Laura Panarello provided some really useful strategies on coping with a person who has cognitive impairment.

It was very pleasing to see that over half of the dementia clients attended with either their family or carer and that they found the presentation both interesting and informative.

February was also the month to celebrate love, love, love and so in keeping with the spirit of Valentine's Day on February 14th, all of the groups enjoyed a special outing to the Coolangatta Tweed Heads Golf Club.

There were no sightings of the little cupid angel and his bow and arrow but the Centre was beautifully dressed up with glowing red hearts and a very enchanting decoration of two toy dogs that sang and danced. Delicious chocolate hearts were given to the clients who thoroughly

enjoyed the atmosphere and romantic reminiscing.

March started with a visit from the Brisbane Wynnum respite group on Wednesday 13th when Coordinator Marta Figlioli and her staff took 12 clients to the Gold Coast Centre for an outing – the clients interacted so well together, caught up with friends and enjoyed a friendly but still competitive game of Tombola after lunch.

On March 20th the groups were taken to the Nerang RSL Club for 'Morning Melodies' starring well known local performer Fortunato - an extremely popular entertainer with the clients.

Following his performance the clients stayed to have lunch and try their luck on a 'flutter'.

Much time was also spent organizing the groups' combined Easter function which was held on Thursday, March 28th. An 'Easter Bonnet' parade in which all the ladies participated was a highly contested event, the winners were selected by three gentlemen clients and the prizes awarded



# aged care services

day care respite centre - gold coast



were indeed impressive. Some wonderful Italian music, performed by Tony Serra after lunch, brought the majority of the clients to their feet to dance.

It was encouraging to see how the power of music rejuvenated them as for a while, they forgot about their aches and pains and simply enjoyed moving and singing to the well known melodies.

The fun was so infectious that clients were on the dance floor with their wheelie walkers and the most senior lady (who will be 101 yrs young in June) was a sprightly dancing vision indeed!

Other good news this quarter, six lucky people celebrated birthdays with two milestone birthdays of 80 years and 95 years young.

The way this group is maintaining its youth could mean that in a few years they will have some other participants reaching that 100 year mark.



Grazie a tali movimenti, le donne, in molti paesi del mondo, oggi possono raggiungere posizioni di riguardo ed affermarsi in ruoli prima soltanto riservati agli uomini.

## LE DONNE IN PRIMO PIANO



Sabato 2 marzo 2013, presso il Victoria Park Golf Club di Brisbane, si è tenuta un'altra celebrazione al femminile, questa volta in occasione della giornata internazionale della donna, orgogliosamente organizzata dal Co.As.It. di Brisbane.

L'evento, intitolato **"High Tea and Fashion Parade"** e presentato dalla celebre personalità televisiva Gretel Killeen, ha visto la partecipazione di oltre 320 donne tra le quali spiccavano gli ospiti d'onore l'Onorevole Teresa Gambaro MP Membro Federale per il seggio di Brisbane, l'Onorevole Vicki Howard MP Membro per il seggio di Central Ward nonché alcuni presidenti, esponenti istituzionali e rappresentanti delle associazioni italiane a Brisbane.

La ricorrenza della giornata internazionale della donna è oramai un'usanza significativa dedicata a tutte le donne del mondo che vengono celebrate per l'esemplare modo in cui svolgono i loro ruoli nella società come madri, nonne, mogli e figlie.

Sia la presentatrice Gretel Killeen che l'Onorevole Teresa Gambaro hanno accennato che in ogni parte del mondo tale ricorrenza ricorda le difficoltà sociali affrontate in tempi lontani dalle donne e

celebra l'evoluzione collettiva e sociale promossa dai movimenti femminili. Grazie a tali movimenti, le donne, in molti paesi del mondo, oggi possono raggiungere posizioni di riguardo ed affermarsi in ruoli prima soltanto riservati agli uomini.

Si aggiunge a questa breve premessa la scaletta di avvenimenti che ha intrattenuto i partecipanti del pomeriggio dedicato alle donne, testimoni di una sfilata di moda professionale e stravagante sponsorizzata da Paula Acheson titolare del noto negozio di moda Petrol Boutique a Paddington.

Le modelle, applaudite dai partecipanti, si sono esibite in modo eccezionale e graziosamente. Dina Ranieri, direttrice del Co.As.It., ha ribadito il ruolo della

donna nella società moderna e si è complimentata con il personale per l'ottima riuscita dell'evento.

La giornata si è conclusa positivamente grazie anche al costante impegno del comitato di raccolta fondi, capace di organizzare con attenzione le numerose attività.

Un ringraziamento speciale va ai vari sponsor che hanno reso possibile la buona riuscita dell'evento: Phil D'Arro (Italiquire Brands), Petrol Boutique Paddington, Anthony's Fine Jewellery, Chemist Warehouse Ashgrove, Black & White Home Services, Imagetec, Elixir Coffee, Merlo Coffee, Amici Deli, New Farm Hair Moda, Tour De Tea, ID Couture, Gina Salanitri, Flora Di Lizio e Marcella Sgualdino (Bessemer).





Co.As.It. vi invita

alla  
**FESTA  
DELLA  
REPUBBLICA  
2013**

VI ASPETTIAMO  
DOMENICA 2 GIUGNO  
12.00 mezzogiorno  
BRISBANE ABRUZZO CLUB  
150 FURSDEN ROAD  
CARINA

Programma:

Pranzo di 3 portate  
Co.As.It. Volunteer Appreciation Awards  
Intrattenimento: Three Wheel Drive

**GIUGNO**



Costo \$35

Prenotazione essenziale

Biglietti disponibili al Co.As.It. 07 3262 5755



Co.As.It. invites you to

**THE ITALIAN NATIONAL DAY  
CELEBRATION  
2013**

COME ALONG  
SUNDAY 2 JUNE  
12.00 noon  
BRISBANE ABRUZZO CLUB  
150 FURSDEN ROAD  
CARINA

Program includes:

3 Course Lunch  
Co.As.It. Volunteer Appreciation Awards  
Entertainment by: Three Wheel Drive

**JUNE**



Cost \$35

Bookings essential

Tickets available from Co.As.It. 07 3262 5755

# LA



Una commedia classica di  
LUIGI PIRANDELLO  
Adattamento di Santo Crisafulli  
**Bottega d'Arte Teatrale**  
Sydney

PRESENTA  
PRESENTS

# GIARA

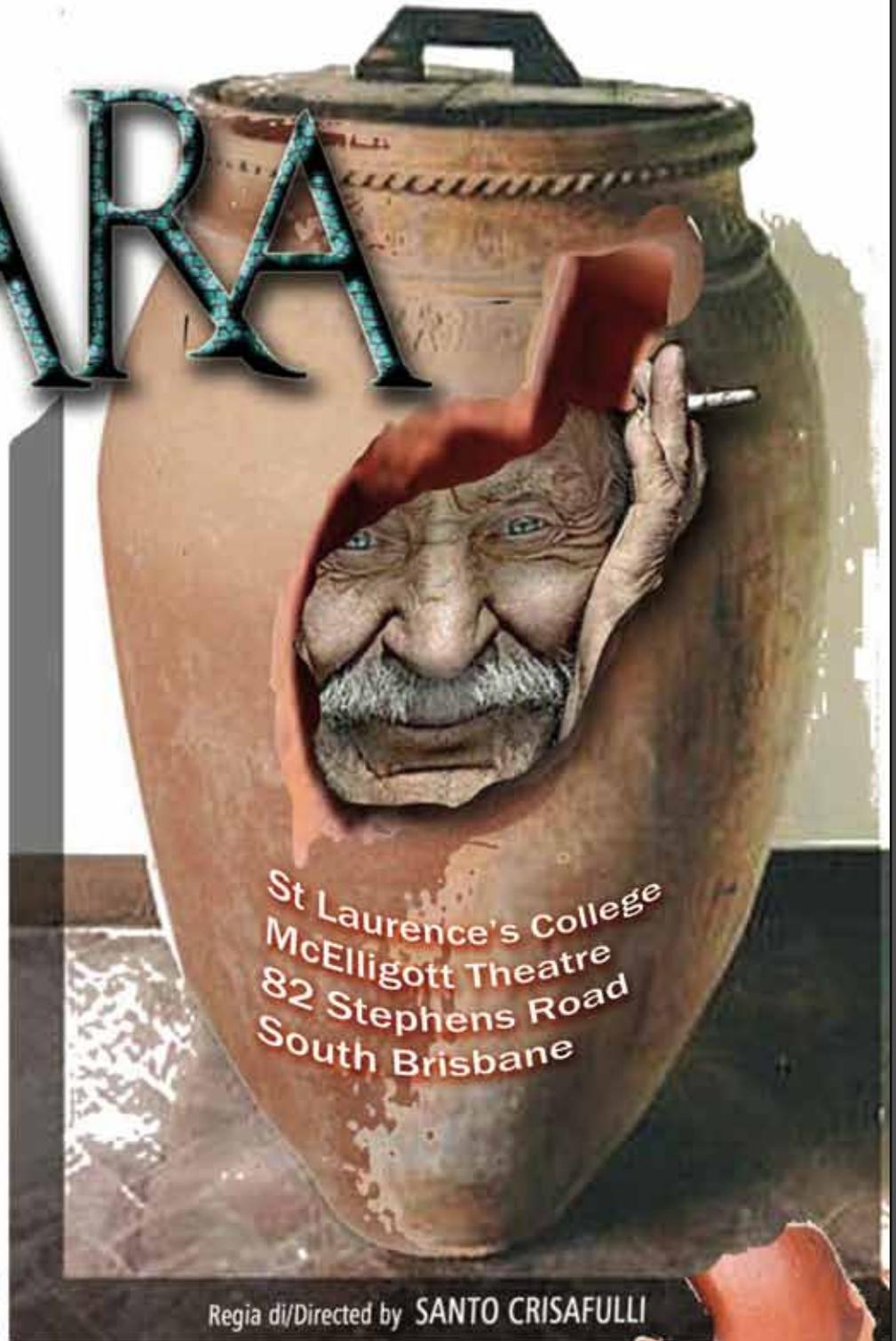
Domenica,  
9 Giugno, 2013  
alle ore 14.30

Uno spettacolo di varietà  
con musica, costumi e canti  
folcloristici della vita  
campagnola siciliana.

A variety show with music,  
costumes and folksongs  
of Sicilian country life.

**Con/Starring:**

Annibale Migliucci, Pippo Murgida,  
Luciano Ginori, Santo Crisafulli,  
Adelina Manno, Angela Arduca,  
Laura Lo Bianco, Marcello Puglisi,  
Giancarlo Puglisi, Massimo Murgida  
Isidoro Rapisarda, Giuseppe Leggio



St Laurence's College  
McElligott Theatre  
82 Stephens Road  
South Brisbane

Regia di/Directed by **SANTO CRISAFULLI**



**Biglietti \$20 Presso il Co.As.It. 35 Dover St Albion Tel: 32625755**

# professional development days for teachers of italian

Italian Language Centre hosted two successful professional development days in Brisbane and on the Sunshine Coast

The Italian Language Centre is a division of Co.As.It. and has a long tradition supporting teachers of Italian and Italian language programs in schools throughout Queensland.

Each year part of the support entails hosting engaging professional development sessions in Brisbane, Cairns, Townsville, and for the first time this year, on the Sunshine Coast (in association with Education Queensland).

The professional development program for 2013 kicked off with a total of forty five teachers from State, Catholic and Independent schools, attending two Professional Development days held on Tuesday 19 February at the ILC Centre in Brisbane and on Saturday 23 February at the University of the Sunshine Coast.



**Feedback on the day reflected a high level of satisfaction with teachers expressing the hope that similar sessions be conducted in the near future.**

The two days were once again presented by Italian government Education Advisor, Dott.ssa Ignazia Nespolo, who has many years experience in the Italian education system as a teacher, school principal, education researcher and author of school course text books.

During her stay in Australia, Dott.ssa Nespolo swiftly familiarised herself with how Italian is taught in primary and secondary Australian schools.

Having identified various areas of need, Dott.ssa Nespolo put together a program for the two professional development days which focussed on the teaching strategies and cultural content required to teach Italian effectively in the classroom.

At each of the two days the morning session began with the segment 'Carnevale across Italy' which explored the characteristics of this ancient festivity that go beyond the well-known 'Carnevale di Venezia'.

Teachers were shown how this significant aspect of Italian culture is experienced throughout Italy in richly diverse ways: from the mountainous Dolomite regions in the north to the Sicilian variations in the South.

Following the successful presentation of the film 'Benvenuti al Sud' at ILC professional development days in 2012, the next session focussed again on utilising film as a tool to enhance oral competencies.

This time, the discussion revolved around the sequel 'Benvenuti al Nord' (2012) also directed Luca Miniero. In the sequel, the postal worker from the south, Mattia (Alessandro Siani), is transferred to work in Milano.

The film continues exploring the differences between northern and southern Italy.

These accomplished comedies offer a rich source of authentic material and modern language with which teachers can demonstrate how cultural stereotypes and prejudices can be overcome.

The next session, 'Carosello italiano', focussed on the cultural similarities and diversities between Australia and Italy. The main points of interest included: living areas for the average family; neighbourly relations; home comforts; hospitality; the role of grandparents; holidays; cultural get-togethers; using community spaces; schools. These aspects provoked lively



cultural comparisons – an engaging activity which can be replicated in the classroom. The final session of the day focussed on the presentation of Italian reading texts appropriate for inclusion in 'valigette di lettura' aimed at secondary students. The contents of each 'valigetta' give teachers a useful tool in motivating students to learn Italian in a creative way.

Closing lucky draws gave participants the opportunity to win a variety of prizes including language teaching materials from EDI LINGUA publishers.

Feedback on the day reflected a high level of satisfaction with teachers expressing

the hope that similar sessions be conducted in the near future.

The ILC (Italian Language Centre) division of Co.As.It. is committed not only to organising invaluable professional development sessions for teachers but also offers Italian language classes for adults; playgroup for preschoolers; after hours classes for school students and Italian for special purposes for the corporate sector.

For further information: see the website at [www.italianlanguagecentre.org](http://www.italianlanguagecentre.org) or contact ILC on 3262 5755 or via email: [learn@italianlanguagecentre.org](mailto:learn@italianlanguagecentre.org)





35 Dover Street  
Albion Q. 4010

PO Box 59  
Albion BC Q. 4010

Tel: (07) 3262 5755  
Fax: (07) 3262 9985

Email: [learn@italianlanguagecentre.org](mailto:learn@italianlanguagecentre.org)  
Website: [www.italianlanguagecentre.org](http://www.italianlanguagecentre.org)

**"GIROTONDO" - ITALIAN PLAYGROUP  
TERM 3**

**8 LESSONS**

**Mondays 10am - 11am**

15 JULY TO 9 SEPTEMBER

**Thursdays 10am - 11am**

18 JULY TO 12 SEPTEMBER

**NO LESSONS DURING EKKA WEEK: 12/08 or 15/08**

**Venue: COASIT, 42 Newbery Street, Newmarket**

**Fees: \$140 per child - \$115 per sibling**

**ENROLMENTS DUE: 20 JUNE 2013**

*The ILC Italian Playgroup Program is for children aged 3 to 5 years and aims at providing a structured setting where the Italian language is promoted and taught through the use of visual, tactile and auditory stimuli.*

*The learning activities cover Linguistic, Aural and Oral, Fine Motor Skills, Cognitive and Gross Motor Skills.*

**IMPORTANT:**

*We encourage the participation of a parent/guardian  
in the activities.*

*You are your child's best role model!*

*Buon divertimento!*

Enquiries:

**MARZIA MAURO - 3262 5755**

[learn@italianlanguagecentre.org](mailto:learn@italianlanguagecentre.org)

Please note: spaces are limited with a maximum of 10 children per group. Places will be allocated on a first-come-first-served basis. Enrolments are confirmed upon receipt of payment together with the two forms attached.

Refunds will only be given if classes are cancelled by ILC as indicated by the Enrolment Conditions on [www.italianlanguagecentre.org](http://www.italianlanguagecentre.org)

**ITALIAN PLAYGROUP 2013**

# ten at ten for ten

This is no tongue-twister but simply the Italian Language Centre's latest slogan advertising ten Italian lessons for ten students at ten o'clock in the morning.

This innovative Italian for Beginners course began on Wednesday 6 March, 2013.

The language-rich lessons take place weekly at 'Dolci Sapori', the iconic Italian pasticceria in the Brisbane suburb of Clayfield.

In this unique Italian environment, teacher Marzia Mauro delivers engaging lessons designed to get students communicating in Italian.

A satisfied student said: "What a sense of achievement when I was able to order my "pasticcino e caffè in italiano!"

Aladino Pozzibon of Dolci Sapori is delighted to host these Italian classes.

He looks forward to lunches being ordered in Italian too - now that lo spuntino has become a regular feature of the lessons.

The Italian Language Centre offers a range of language courses designed to cater for students at all levels – from beginners to advanced.



**IILC**  
ITALIAN  
LANGUAGE  
CENTRE

To discover what's on offer, visit the ILC website  
[www.italianlanguagecentre.org](http://www.italianlanguagecentre.org)  
or email  
[learn@italianlanguagecentre.org](mailto:learn@italianlanguagecentre.org) or phone: 3262 5755.

The exuberance associated with Carnevale has certainly been evident at the ILC After Hours Italian classes.

Students have been learning that in Italy, the word Carnevale describes the period just before the start of Lent. It is a time associated with parades, music, dress-up, masks; a time when jokes and pranks are permissible – in fact, the Italians say: “A Carnevale, ogni scherzo vale!” (Anything goes during Carnevale).

Students were intrigued by the traditional Italian maschere that always put in an appearance at Carnevale: Colombina, the pretty servant girl from Veneto; Pulcinella, from Naples who is always hungry for maccheroni; mischievous Arlecchino, in his multicoloured clothes; and the old rich miser, Pantalone.

The maschere facilitated the learning of colours and the language construction associated with articles of clothing. One

# carnevale!



of the culminating activities included each student presenting their maschera.

The classroom rang with phrases like: “Pantalone ha i pantaloni rossi!”  
“Colombina ha le scarpe gialle!”  
“Arlecchino ha il cappello nero!”  
“Pulcinella ha la camicia bianca!”

To discover what's on offer, visit the ILC website [www.italianlanguagecentre.org](http://www.italianlanguagecentre.org) or email [learn@italianlanguagecentre.org](mailto:learn@italianlanguagecentre.org) or phone: 3262 5755.

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LANGUAGE  
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**SEMESTER 1** ..... kicked off with record enrolments in February!

**SEMESTER 2** starts in **JULY!**

Enrolments will **OPEN mid-May** with final bookings due mid-June.

For Enquiries contact **MARZIA MAURO** on **3262 5755**  
or visit our website [www.italianlanguagecentre.org](http://www.italianlanguagecentre.org)

# Pasqua at Girotondo Playgroup

Monday 25 March 2013 dawned bright and clear - just the right kind of weather for an exciting Easter egg hunt at Spencer Park in Newmarket.

By 10am the children of the ILC Girotondo Playgroup were in class eagerly painting eggs and decorating Easter lolly bags in anticipation of the Easter egg hunt.

Soon it was time to go and mamme e bambini accompanied by Playgroup teachers Laura Zanicchelli and Carmel Paolino walked down to the park.

At the signal: Pronti? – Via!! – the eagerly awaited caccia alle uova di Pasqua was finally underway. From the excited yells of Trovato! you could tell no-one was disappointed and all the eggs were found.

Then it was time to return to class and enjoy a wonderful Easter morning tea organised by Carmel Paolino. The occasion was not only to celebrate Pasqua and the end of Term 1, but also to provide a 'meet and greet' opportunity for Girotondo Playgroup mamme e bambini to meet other mothers and babies from the community.

*"New mothers and babies can often become socially isolated," said Carmel, "and providing them with the occasion to enjoy a cup of tea and a chat with other mums in a similar situation, helps them maintain links with the community and feel less isolated".*

Should you be interested in enrolling your child please contact ILC on:  
Phone 3262 5755,  
visit our website  
[www.italianlanguagecentre.org](http://www.italianlanguagecentre.org)  
or email  
[learn@italianlanguagecentre.org](mailto:learn@italianlanguagecentre.org)



## privacy and confidentiality policy regolamento sulla privacy e riservatezza

Protecting the privacy of client/care recipients is very important and the following policies and procedures are designed to ensure that details about client/care recipients are kept confidential, and only disclosed with the client/care recipients permission for the purposes of ensuring that they are receiving the services they need.

### Privacy and Confidentiality in the Assessment Process

The initial assessment of a client/care recipient and any follow-up of reviews should take place in the client/care recipient's own home. If this is not possible it should take place in an area which provides privacy and confidentiality. The assessment and reviews should be between the HACC Assessor/Reassessor, CACP or EACH Coordinator and the client/care recipient, and with the client/care recipient's consent, his/her legal guardian or advocate only.

### Privacy and Confidentiality of Information

The only information held by Co.As.It. about a client/care recipient will be information necessary to assess the need for a service, and to provide the service. Information should be as non-obtrusive and objective as possible, yet relevant and up-to-date. The client/care recipient has the right to withhold information for privacy reasons. Information about a client/care recipient will not be shared with another agency without the permission of the client/care recipient or his/her legal guardian or advocate.

Any other disclosure of information will only occur in accordance with the Community Packaged Care Guidelines 1997 and/or Information Privacy Principles outlined in the Privacy Act 1988 where the disclosure is:

- required or authorised by or under the law
- essential for law enforcement
- believed to prevent or lessen an imminent threat to health or life of the client or another person
- requested and/or required by the Department of Health and Ageing

Client/care recipients have the right to read any personal information kept about them by Co.As.It. Requests from client/care recipients to access files should be referred to the Coordinator who should ensure assistance is provided for the client/care recipient to access information on his/her file within two weeks. The Coordinator should be made available to explain any terminology to the client/care recipient.

Information regarding client/care recipients will be stored in the computer under a security code and also in locked filing cabinet. This information is only accessible to the members of the Aged Care Team, Secretarial Support, Director and Assistant Director.

### Records

The procedure for opening files and file movement involves:

- An individual file will be created for each client/care recipient following commencement of services
- File notes should be kept of client/care recipient's contact which involves:
  - assessment
  - reassessment/review
  - change in care plan
  - change of staff working with the client/care recipient
  - change in circumstances of the client/care recipient
  - complaints
  - reports/information from other agencies
  - requests from the client/care recipient for any change in service
- no files are to be removed from the office
- all entries in the files should be signed off by the relevant Aged Care Team member

### Alteration of Records

Corrections, deletions and/or additions shall only be made to client records if they are reasonable and believed to ensure that the record is relevant, accurate, complete, up to date and not misleading. If corrections, deletions and/or additions are requested by the client but refused by Co.As.It. based on not meeting the above reasons, a statement provided by the client will be sought and attached to the relevant record.

### Length of Time Records are Held

If a service to a client/care recipient has stopped being provided, but may need to be resumed at a future date, information relating to the client/care recipient will be kept in a secure cabinet. All information regarding client/care recipient will be scanned onto a disc after they have deceased and stored in a secure cabinet.

### Identification

All Co.As.It staff will be given a card identifying them as Co.As.It. representatives. This identification tag will be worn at all times with the Co.As.It. uniform during work time.

### Training

All staff should be aware of and understand the Privacy and Confidentiality Policy.

*Proteggere la privacy dei clienti è molto importante e i seguenti regolamenti e procedimenti sono fatti per garantire che i dati personali dei clienti rimangano confidenziali, e siano rivelati soltanto con il consenso dei clienti allo scopo di assicurare che ricevano i servizi di cui hanno bisogno.*

### Privacy e Riservatezza nel Processo di Valutazione

*La valutazione iniziale di un cliente e ogni accertamento successivo devono essere fatti nell'abitazione del cliente. Se questo non è possibile, devono essere fatti in un luogo che favorisca la privacy e la riservatezza. La valutazione e gli accertamenti del cliente devono essere eseguiti dai valutatori del programma HACC o dal Coordinatore del CACP o EACH e solo con il consenso del cliente vi può assistere il suo tutore legale o un rappresentante nominato.*

### Privacy e Riservatezza di Informazione

*Le informazioni in possesso del Co.As.It. riguardanti il cliente saranno solo informazioni necessarie per valutare la necessità di un servizio, e per la prestazione del servizio. Le informazioni devono essere il più possibile discrete e oggettive, ma rilevanti e aggiornate. Il cliente ha il diritto di negare informazioni per ragioni di privacy. Le informazioni personali del cliente non saranno rivelate ad altre agenzie senza il permesso del cliente o del suo tutore legale o del rappresentante nominato. I clienti hanno il diritto di leggere le proprie informazioni personali tenute dal Co.As.It. Le richieste dei clienti di accedere al proprio fascicolo devono essere fatte alla coordinatrice che deve accertare che il cliente riceva assistenza a tale scopo entro due settimane dalla richiesta. La coordinatrice deve essere disponibile per spiegare al cliente la terminologia. Le informazioni che riguardano i clienti saranno registrate nel computer e protette da un codice di sicurezza e saranno anche tenute in uno schedario chiuso a chiave. Queste informazioni sono accessibili soltanto ai membri del gruppo di assistenza agli anziani, alla segretaria designata e al vice direttore. Qualsiasi altra diffusione di informazioni si verificherà solamente in accordo con Community Packages Care Guidelines 1997 (Linee Guida dei Pacchetti di Assistenza Comunitari) e/o Information Privacy Principles (Informazione sui Principi della Privacy) delineati nel Privacy Act 1988 (Decreto sulla Privacy) dove la divulgazione è la seguente:*

- Richiesta o autorizzata da o secondo la legge
- Essenziale per l'applicazione della legge stessa
- Ritenuta necessaria per prevenire o limitare un pericolo imminente alla salute o alla vita stessa del cliente o di altre persone
- Necessario o richiesto dal Department of Health Ageing

### Documentazione

*Il procedimento per accedere ai fascicoli e per la loro circolazione comporta:*

- Un fascicolo individuale verrà composto per ogni cliente all'inizio della prestazione dei servizi;
- Le note circa i contatti con il cliente saranno preservate e queste riguardano:
  - valutazione
  - accertamenti
  - cambiamenti del piano assistenziale
  - cambiamento del personale che si cura del cliente
  - cambiamenti nella situazione del cliente
  - reclami
  - relazioni/informazioni da altre agenzie
  - richieste del cliente per cambiamenti del servizio
- nessun fascicolo deve uscire dall'ufficio
- tutte le annotazioni riportate nel fascicolo devono essere firmate dal membro del personale responsabile dei programmi per gli anziani.

### Alterazione della Documentazione

*Correzioni, cancellazioni e/o aggiunte alle documentazioni dei clienti dovranno essere fatte a condizione che esse siano ragionevoli e mirate ad assicurare che le stesse documentazioni siano rilevanti, accurate, complete, aggiornate e non ingannevoli. Una dichiarazione da parte del cliente verrà richiesta ed allegata alla documentazione se le correzioni, cancellazioni e/o aggiunte saranno richieste dal cliente ma rifiutate dal Co.As.It. o non in accordo con le sopra indicate condizioni.*

### Per quanto tempo sono tenuti i fascicoli

*Se un servizio prestato ad un cliente è stato interrotto, ma può essere necessario riprenderlo nel futuro, le informazioni riguardanti il cliente saranno conservate negli schedari per il periodo di sette anni. Tutte le informazioni riguardanti i clienti saranno distrutte sette anni dopo che avranno cessato di ricevere i servizi.*

### Identificazione

*A tutto il personale del Co.As.It sarà consegnato un cartellino d'identificazione. Questo cartellino dovrà essere sempre indossato insieme all'uniforme del Co.As.It. durante l'orario di servizio.*

### Istruzioni

*Tutto il personale deve conoscere e capire il Regolamento di Privacy e Confidenzialità.*

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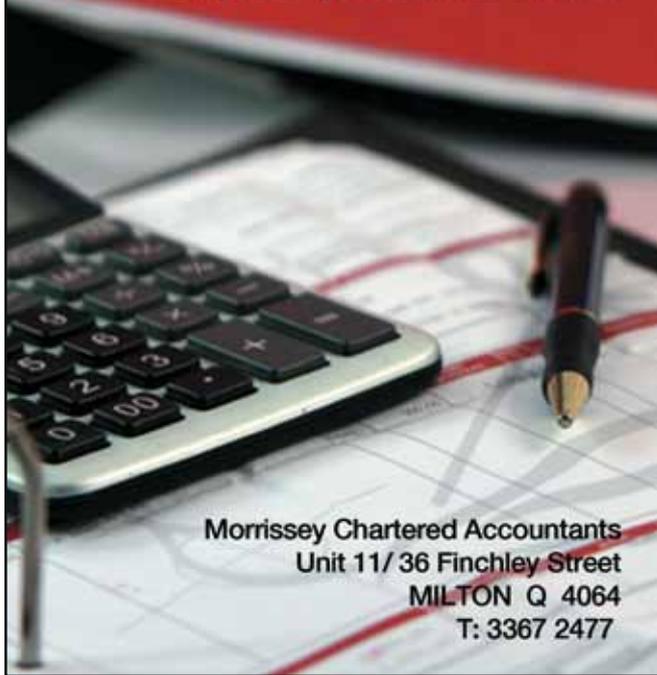
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# Community Services for frail elderly and younger people with a need for support services



home and community care



Queensland  
Government

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Avete bisogno di aiuto per cucinare?  
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Assistete qualcuno a domicilio e avete bisogno di aiuto?

Il Co.As.It Community Services provvede assistenze alle persone anziane dal 1987 e il nostro personale esperto e qualificato è capace di prestare un servizio che è culturalmente e linguisticamente adeguato. La maggioranza del nostro personale è bilingue e capace di assistervi nel vostro ambiente familiare in casa vostra.

I nostri servizi di Tregua Diurna offrono un pasto casalingo e la possibilità di incontrarsi con gli amici e chiacchierare dei tempi andati. Attività di arti manuali, canzoni e balli, tombola, sono parte del nostro programma giornaliero.

Contattate il nostro centro al  
**07 3262 5755**

e organizzeremo la visita di un operatore per fare la valutazione dei vostri bisogni e informarvi dei nostri servizi.

servizi comunitari per anziani e giovani bisognosi di servizi di sostegno.



**co.as.it.**  
community  
services