

## What does it cost?

Home Care Packages are subsidised by the Federal Department of Health. Your contribution towards the package is negotiable.

If you have been assessed as eligible for a package by the Aged Care Assessment Team (ACAT) and have been granted a package from My Aged Care you can have an Agreement relevant to your approved level of care.

An income tested fee may be applicable following income assessment by Centrelink.



Our Care Services Coordinator and care staff are able to cater to the needs of the CALD (culturally and linguistically diverse) members of our community.

Contact our office to organize an appointment.

*You will be provided with a personalised budget so that you can see how much funding is available.  
You let us know how you would like this funding to be spent.*

*Your Home Care Package is individually designed to your immediate care needs but can be changed if your needs and choices change later.*



### Co.As.It. Community Services

#### Brisbane Office

35 Dover Street Albion Q 4010  
PO Box 59 Albion BC Q 4010  
Tel: 07 3262 5755 Fax: 07 3262 9985

#### Gold Coast Office

34 Thomas Drive, Chevron Island Q 4217  
PO Box 106, Chevron Island Q 4217  
Tel: 07 5527 6481 Fax: 07 5539 9157  
mail@coasit.asn.au  
www.coasit.asn.au



Australian Government  
Department of Health



# HOME CARE PACKAGES



Supporting you to live in your own home with services personally tailored to your lifestyle, choices and goals.

*A Home Care Package allows  
you to have your personal  
choice in the way  
that care services  
are offered and delivered*



If you are an older person who lives at home or in a retirement village and although you can manage most of the time, you may need some help.

You can access a package by contacting My Aged Care (1800 200 422 or [www.myagedcare.gov.au](http://www.myagedcare.gov.au))

We can assist you with this process.

### Home Care Packages Levels of Care:

**Level 1:** Basic care needs

**Level 2:** Low level care needs

**Level 3:** Intermediate care needs

**Level 4:** High care needs

All of Co.As.It.'s Home Care Packages are provided under a Consumer Directed Care (CDC) framework.

#### *Our Care Packages allow you to have:*

- Continuity of care workers
- Accessibility to coordinators at any time
- Budgets that are monitored regularly
- Services delivered on your requested day and time

### Services available through a package include but are not limited to:

#### *Clinical Care*

- Nursing
- Allied Health eg. Occupational Therapy, Physiotherapy, Podiatry, Dietitian, Social Work

#### *Personal Care*

- Bathing, showering
- Dressing
- Mobility
- Meal preparation, nutrition and eating
- Fitting sensory communication aids, equipment
- Continence Management

#### *Support Services*

- Help with laundry
- Light housework
- Home cooked meals
- Grocery shopping and paying bills
- Gardening, basic home maintenance
- Home Modifications (related to care needs)
- Transport to help you to do shopping, visit your doctor or attend social activities of your choice

#### *Wellness and Lifestyle*

- Social outings
- Weekly social groups
- Remedial massage



Co.As.It. is a charitable organization that has provided aged and community care services since 1978. It caters to the needs of CALD (culturally and linguistically diverse) people and the general community.