#### ITALIAN LANGUAGE CENTRE

A division of Co.As.It. Community Services. The centre promotes the teaching and learning of the Italian language through adult classes, after school programs, Italian playgroup and language classes as part of the primary and secondary schools' curriculum.

Funding has been provided by the Italian Ministry of Foreign Affairs since 1980 and it supports many students Statewide that learn Italian. This program has been part of Co.As.It.'s foundation and its history, it has provided the opportunity for many of our staff to learn a new language and increase cultural diversity awareness.

Co.As.It. offers free Italian language classes to its entire staff once probation is completed. Check the ILC website for more information. www.italianlanguagecentre.org

#### NEIGHBOURHOOD CENTRE SUPPORT SERVICES

Our Counsellors and Community Support Officer are in touch with the needs of the vulnerable individuals and families who are experiencing difficulties in managing their lives.

A series of services and activities are organised to keep individuals in touch with their community and are given assistance in managing various issues.

Our experienced staff will:

- Provide information and education sessions
- Prepare resources and activities to promote awareness of a particular social issue
- Identify and respond to community needs
- Organise community events and increase participation
- Promote self-help networks
- Organise recreational programs, technology classes and social connections

#### DEMENTIA & CARER SUPPORT

A specialised service provided by Co.As.It. to deliver support to care-givers experiencing challenges related to their caring roles and their loved ones with dementia.

#### **CO.AS.IT. COMMUNITY SERVICES LTD**

Contact us for services in your area.

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GOLD COAST

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Queensland Government Department of Communities, Disability Services and Seniors







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### WHY CHOOSE CO.AS.IT. ?

Co.As.It. is a charitable organisation that treats its clients as extended family members, an ethos that is part of our culture, our heritage and our development. Our trained and qualified staff have a richness of life experience with many different linguistic and cultural competencies and above all, a genuine and committed sense of caring about others. This is our difference, we are family. Through true dedication, we have excelled in delivering innovative and exceptional human and health services for over 40 years and we have received a number of industry awards that recognise this excellence.

In the past 40 years we have learned that people want to live life with passion, with vigour, and with a sense of belonging; they want to experience life in many facets and we have been right by their side. We have stood beside them with sorrow at their grief, with joy at their achievements and with encouragement during their disappointments - just like a family would. Caring for people isn't a job - it's our mission in life and we excel at it.

### NDIS

Supporting you to put your NDIS plan into action and have the choice and control to live the life you want. We provide a range of supports aimed at increasing your independence, inclusion and social participation.

Our NDIS Coordinator will be able to align support services to your individual plan.

#### HOME CARE PACKAGE (HCP) PROGRAM

Services are tailored to assist clients on a level 1, 2, 3 or 4 in continuing to live at home independently. They are affordable, timely and respond to clients' needs.

Clinical, allied health and wellness and lifestyle choices are part of the services provided under a HCP.

We strongly believe in maintaining great relationships between care staff and the client.

#### COMMUNITY VISITORS SCHEME (CVS)

CVS also known as the *Adopt a Nonna or Nonno* initiative provides friendships and companionship by matching clients who are in receipt of a home care package or living in residential care with a volunteer visitor.

Visits can be individual or group-based and provide an opportunity for volunteers to make a positive difference in the life of clients and residents.

The CVS is about fostering friendship and companionship for older people who may be socially isolated or disconnected from their communities. Older people from culturally and linguistically diverse backgrounds are matched with volunteer visitors.

## COMMONWEALTH HOME SUPPORT PROGRAM (CHSP)

Offers basic support and care services to frail older people to assist them to be more independent at home, enhance their quality of life. We have a wellness and reablement focus to support people in continuing to live in their own homes.

Services include:

- Flexible respite (in-home or centre-based respite)
- Domestic assistance
- Social support (in-home, individual, social groups or outings)
- Meal preparation
- · Personal care
- Nursing
- Physiotherapy
- Podiatry
- Occupational therapy
- Social work

These services are accessible by persons who have been assessed as eligible by My Aged Care. We can assist with this process.

### QLD COMMUNITY SUPPORT SCHEME

Support is available to people under 65 years of age, who have a long term disability, chronic illness, mental health and other conditions that impact on their day to day functional capacity and ability to participate in the community.

Individuals will be required to undertake an assessment and register with the Statewide QCSS Access Point who will provide a referral to the best suited provider for that individual. Support services have been approved by the State Government to be delivered under a Consortium model. The consortium consists of GOC Care, IAWAA Inc. and Co.As.It. Contact our QCSS Coordinator to discuss eligibility for these services.



Our award winning services are tailor-made to maintain your independence.