

SOCIAL ACTIVITIES

Co.As.It. owns and rents a number of comfortable and suitably equipped centres around Brisbane and the South Coast. The centres offer a wide range of social and recreational activities that are inclusive and engaging for participants. This service offers carers a much needed break.

Transport to and from the centre, is safely planned for each client. Freshly prepared morning tea and a nutritious lunch is included. Social activities, including visits to various local attractions and special events are arranged when it is safe to do so.

Social outings and bus trips to a range of locations are offered on a monthly basis and are very popular. Call us to find out more about social activities today!



WHAT MAKES CHSP AT CO.AS.IT. UNIQUE

When selecting a provider for CHSP services, please consider the following benefits when choosing Co.As.It. Community Services:-

- You will be allocated a Care Service Coordinator, who will look after you and is the first point of contact for all requests, questions and concerns.
- We do regular home visits and provide stable rosters.
- We use only qualified staff (Cert. III / IV in Aged Care or Disability Care) for all CHSP services (exception: Domestic Assistance)
- We are very responsive - short waiting times between onboarding and the commencement of CHSP services.
- We use a 'Wellness & Reablement' approach to support you in maintaining or improving your physical and mental health.
- We frequently use the ASCOT tool to monitor your overall well-being.
- We also provide consultations regarding Home Care Packages by experienced Home Care Packages Intake Officers.
- We provide access to free technology, dance and active classes.

Our COVID-safe CHSP services are delivered Mondays to Fridays and not available on public holidays. Contact us for information on our award winning services on the numbers below:-

CO.AS.IT. COMMUNITY SERVICES LTD

BRISBANE

473 Lutwyche Rd, Lutwyche, QLD 4030
PO Box 59 Albion BC, QLD 4010

☎ 07 3624 6100
☎ 07 3624 6185

GOLD COAST

34 Thomas Drive, Chevron Island, QLD 4217
PO Box 106 Chevron Island, QLD 4217

☎ 07 5617 9500
☎ 07 5617 9557

✉ mail@coasit.asn.au

🌐 coasit.asn.au

ABN: 32 068 267 816
ACN: 627 389 931



COMMONWEALTH HOME SUPPORT PROGRAM (CHSP) SERVICES

Excellence in Care Services





Our services are timely, professional and value for money. They help you to reach your goals whilst remaining to live in your own home.

CO.AS.IT. CHSP CAN OFFER:-

Allied Health Services:

Podiatry, Physio Therapy, Occupational Therapy, Exercise Physiology, Social Work, Speech Pathology, Dietician or Nutritionist, Hydrotherapy

Nursing and Medical Aid Subsidy Scheme (MASS)

Transport

Social Support Individual

Domestic Assistance

Other Food Services

Personal Care

Flexible Respite - (In-home Overnight)

Social Support Group and Social Outings

Centre Based Respite

To access CHSP services, please contact My Aged Care (MAC) to register and request an assessment on 1800 200 422 or via myagedcare.gov.au or you can contact **Co.As.It. Community Services on 07 3624 6100 for Brisbane or 07 5617 9500 for the South Coast to help with registration.**

HOW CAN WE HELP?

The goal of the Commonwealth Home Support Program (CHSP) is to enhance your independence, by providing basic maintenance, support and care services.

We have a wellness and reablement focus to support you to continue to live in your own home. Our services are flexible, timely, and delivered according to your individualised **care plan**.

Our staff will support you in achieving your own well-being goals, assisting you to live in your own home for as long as possible.

Co.As.It. staff is skilled in meeting individual needs especially for those from a Culturally and Linguistically Diverse (CALD) background.

Our office can organize all the necessary documentation for you to start receiving services as soon as possible. All services provided by Co.As.It. will attract a minimal contribution from the client.

Persons with a financial hardship will not be disadvantaged.

DEMENTIA & CARER SUPPORT

One of the key reasons to choose Co.As.It. Community Services over other providers is the fully self-funded Dementia and Carer Support service that is available to care-givers experiencing day-to-day challenges related to their role.

Co.As.It. Community Services has identified a significant need to support those caring for loved ones who are living with dementia.

This unique support is available to Co.As.It. clients only. For more information please contact us on 07 3624 6100.



Co.As.It. is a charitable organization that has provided aged and community care services since 1978. It caters to the needs of CALD (culturally and linguistically diverse) people and the broader community.