

## SOCIAL ACTIVITIES

Co.As.It. owns and rents a number of comfortable and suitably equipped centres around Brisbane and the South Coast. The centres offer a wide range of social and recreational activities that are inclusive and engaging for participants. This service offers carers a much needed break.

Transport to and from the centre, is safely planned for each client. Freshly prepared morning tea and a nutritious lunch is included. Social activities, including visits to various local attractions and special events are arranged when it is safe to do so.

Social outings and bus trips to a range of locations are offered on a monthly basis and are very popular. Call us to find out more about social activities today!



## WHAT MAKES US UNIQUE

When selecting a provider for CHSP services, consider the following benefits when choosing Co.As.It.:

- A Care Services Coordinator who will look after you and is the first point of contact for all requests, questions and concerns,
- Regular home visits and provide stable rosters,
- Qualified staff (Cert. III / IV in Aged Care or Disability Care) for all CHSP services (exception: domestic service),
- Short waiting times between onboarding and the commencement of CHSP services,
- A 'Wellness & Reablement' approach to support you in maintaining or improving your physical and mental health,
- ASCOT tool to monitor your overall well-being,
- Consultations regarding Home Care Packages by experienced Home Care Packages Intake Officers.

*Our CHSP services are delivered  
Mondays to Fridays and not available on  
public holidays.*

*Contact us for information on our award  
winning services on the numbers below:*

### CO.AS.IT. COMMUNITY SERVICES LTD

#### BRISBANE

473 Lutwyche Rd, Lutwyche, QLD 4030  
PO Box 59 Albion BC, QLD 4010

☎ 07 3624 6100  
📠 07 3624 6185

#### GOLD COAST

34 Thomas Drive, Chevron Island, QLD 4217  
PO Box 106 Chevron Island, QLD 4217

☎ 07 5617 9500  
📠 07 5617 9557

✉ mail@coasit.asn.au

🌐 coasit.asn.au

ABN: 32 068 267 816  
ACN: 627 389 931



## COMMONWEALTH HOME SUPPORT PROGRAM (CHSP) SERVICES

*Excellence in Care Services*





Our services are timely, professional and value for money. They help you to reach your goals whilst remaining to live in your own home.

## HOW CAN WE HELP?

The goal of the Commonwealth Home Support Program (CHSP) is to enhance your independence, by providing basic maintenance, support and care services.

We have a wellness and reablement focus to support you to continue to live in your own home. Our services are flexible, timely, and delivered according to your individualised care plan.

Our staff will support you in achieving your own well-being goals, assisting you to live in your own home for as long as possible.

Co.As.It. staff is skilled in meeting individual needs especially for those from a Culturally and Linguistically Diverse (CALD) background.

Our office can organise all the necessary documentation for you to start receiving services as soon as possible. All services provided by Co.As.It. will attract a minimal contribution from the client.

Persons with a financial hardship will not be disadvantaged.

## DEMENTIA & CARER SUPPORT

One of the key reasons to choose Co.As.It. Community Services over other providers is the fully self-funded Dementia and Carer Support service that is available to care-givers experiencing day-to-day challenges related to their role.

Co.As.It. Community Services has identified a significant need to support those caring for loved ones who are living with dementia.

This unique support is available to Co.As.It. clients only. For more information please contact us on 07 3624 6100.



## CO.AS.IT. CHSP CAN OFFER:

- **Allied Health Services:**
  - **Podiatry, Physiotherapy, Occupational Therapy, Exercise Physiology, Social Work, Speech Pathology, Dietician or Nutritionist, Hydrotherapy,**
- **Nursing and Medical Aid Subsidy Scheme (MASS),**
- **Transport,**
- **Social Support Individual,**
- **Domestic Assistance,**
- **Other Food Services,**
- **Personal Care,**
- **Flexible Respite - (In-home overnight),**
- **Social Support Group and Social Outings,**
- **Centre Based Respite.**

To access CHSP services, please contact My Aged Care (MAC) to register and request an assessment online via **[myagedcare.gov.au](http://myagedcare.gov.au)** or by phone on **1800 200 422**.

You can also contact **Co.As.It. Community Services** on **07 3624 6100** for Brisbane or **07 5617 9500** for the South Coast to help with registration.

Co.As.It. is a charitable organization that has provided aged and community care services since 1978. It caters to the needs of CALD (culturally and linguistically diverse) people and the broader community.