## WHAT DOES IT COST?

Home Care Packages are subsidised by the Federal Department of Health and Aged Care. Your contribution towards the package is negotiable.

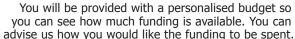
If you have been assessed by the Aged Care Assessment Team and received approval from My Aged Care for a Home Care Package, we can assist in delivering care that is tailored to your specific needs.

The package may comprise of:

- A basic daily fee of up to 17.5% of the Single Aged Pension,
- An income-tested care fee if your income is over a certain amount.

If there is a reduced government subsidy, we will be required to apply the payment of an income tested fee.





Your home care package is individually designed to meet your goals and preferences. Your Care Plan will be adapted as your needs or preferences change.

## CO.AS.IT. COMMUNITY SERVICES LTD

### BRISBANE

473 Lutwyche Rd, Lutwyche, QLD 4030 PO Box 59 Albion BC, QLD 4010

**L** 07 3624 6100 **1** 07 3624 6185

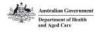
#### GOLD COAST

34 Thomas Drive, Chevron Island, QLD 4217 PO Box 106 Chevron Island, QLD 4217

**\** 07 5617 9500 **1** 07 5617 9557

care@coasit.asn.au

coasit.asn.au



## **HOME CARE PACKAGES**

**Excellence in Care Services** 





ABN: 32 068 267 816 ACN: 627 389 931



Our home care packages deliver support and services that matter to you and the goals you wish to achieve.

You are always involved in the decisions about your care. We work in partnerships with other health professionals.

All services are organised around your needs and preferences.

## YOU MAY BE ELIGIBLE FOR A PACKAGE IF:

- You are an older person who lives at home or in a retirement village and although you can manage most of the time, you may need some help.
- You have been assessed by an Aged Care Assessment Team (ACAT) through My Aged Care (1800 200 422 or www.myagedcare.gov.au) and approved for a Home Care Package within the relevant level (eg. Level 1, 2, 3, or 4).

Our trained staff are professional, empathetic, caring and dedicated to making a difference in your life.

Contact our office to learn more about how we can help you live a full and independent life.

## **CHOICE OF CARE**

Relationships are formed with you so as to build trust and confidence in the care provided in your own home. The relationships are formed across all the care team, including family members, clinical and allied health teams.

We will be supportive, responsive, adaptive and innovative to suit your choice of care and lifestyle.

You will have unlimited access to your dedicated coordinator who will manage your care choices.

# SERVICES INCLUDED BUT NOT LIMITED TO:

### **CLINICAL CARE**

- Nursing,
- Allied health eg. occupational therapy, physiotherapy, podiatry, social work, hydrotherapy, dietetics.

## **PERSONAL CARE**

- Bathing, showering,
- Dressing,
- · Mobility,
- · Meal preparation, nutrition and eating,
- Fitting sensory communication aids, equipment,
- · Continence management.

## **SUPPORT SERVICES**

- · Help with laundry,
- · Light housework,
- Home cooked meals,
- · Grocery shopping and paying bills,
- · Gardening, basic home maintenance,
- · Home modifications & equipment (related to care needs),
- Transport to help you to do shopping, visit your doctor or attend social activities of your choice.

### **WELLNESS AND LIFESTYLE**

- Social outings,
- Weekly social groups,
- Remedial massage.



Co.As.It. is a charitable organisation that has provided aged and community care services since 1978. It caters to the needs of CALD (Culturally and Linguistically Diverse) people and the general community.