



Snippets of My Life

This program received funding assistance from the Australian Government
Department of Health and Ageing
under the Community Partners Program.



FOREWORD

“Snippets of my life” has been designed for a dual purpose:

- to help staff in residential aged care facilities gain insightful knowledge on the historical/cultural/familial background of the Italian CALD resident and how this information can be used to provide better culturally appropriate care for this resident.
- to help family members gather valuable personal details about their loved one and preserve this knowledge as part of their family history.

Each page can be used on its own or as part of the wider booklet. Individual pages may be placed on display in the resident’s room, may be changed, edited and all pages kept together as a resource.

Taking the time to provide pictures, anecdotes and stories not only preserves the often untold elements of a person’s life but also provides a basis for reminiscing and sharing life experiences.

Co.As.It. Brisbane
(Community Partners Program Team)

This is me

Include a current photograph.



Snippets of My Life

I was born in....

Add name of birth town/village, how the person got their Christian name etc.

My parents' names were...

Add details of how parents met, include stories or photos relating to parents' wedding.

My siblings...

Include stories related to childhood experiences, how they played and what they enjoyed doing together.

My childhood

Add stories of growing up in the village/town's neighbourhood, the house they lived in, etc.

My First Communion

Include photographs of First Communion, name of Godparents, gifts received, etc.



Snippets of My Life

My school days

Add stories from their school days, how they traveled to school, names of their school friends, etc.



My friends

Include stories about “special moments” shared with their friends, what they got up to, etc.



Snippets of My Life

Social /religious events in my town/village

Include special memories and photographs of favourite parades, market days, special celebrations, etc.



My previous occupations

Add details on how they got their first job, how long they worked for, if they enjoyed working, etc.

My wedding

Include stories on how the couple met, how long they were courting, their wedding ceremony, gifts received, etc.



My children

Include names of children, their present ages (if applicable) and details of happy family times.



My retirement

Age of retirement, how they felt on the day of retirement, gifts received, etc.

My grandchildren

Include memories and photographs of their grandchildren.



Snippets of My Life

My hobbies and interests

My hobbies and interests

Add a list of their hobbies and interests, including music preferences.

My journey to Australia

Include special memories and photographs of their first trip to Australia.



Snippets of My Life

My arrival in Australia

Add memories and stories related to their first impressions of Australia.

My first home in Australia

Add photographs and memories of what it felt like owning their first home.



Snippets of My Life

Things that I value

Snippets of My Life

What I like...

E.g. Foods, television programs, fashion, etc.

What I do not like...

E.g. Foods, television programs, fashion, etc.

My war experiences

Write down (if applicable) their experiences and memories of the war.

My first car

Add special memories and photographs of their first car.



My veggie patch