



Momenti della mia vita

Snippets of my life

This program received funding assistance from the Australian Government
Department of Health and Ageing
under the Community Partners Program.



FOREWORD

"Snippets of my life" has been designed for a dual purpose:

to help staff in residential aged care facilities gain insightful knowledge on the historical/cultural/familial background of the Italian CALD resident and how this information can be used to provide better culturally appropriate care for this resident.

to help family members gather valuable personal details about their loved one and preserve this knowledge as part of their family history.

Each page can be used on its own or as part of the wider booklet. Individual pages may be placed on display in the resident's room, may be changed, edited and all pages kept together as a resource.

Taking the time to provide pictures, anecdotes and stories not only preserves the often untold elements of a person's life but also provides a basis for reminiscing and sharing life experiences.

Co.As.It. Brisbane
(*Community Partners Program Team*)

Questa/o sono io

This is me

Include a current photograph.

Sono nato/a...

I was born in...

Add name of birth town/village, how the person got their Christian name etc.

I miei genitori erano...

My parents' names were...

Add details of how parents met, include stories or photos relating to parents' wedding.

I miei fratelli e le mie sorelle...

My siblings...

Include stories related to childhood experiences, how they played and what they enjoyed doing together.

La mia infanzia

My childhood

Add stories of growing up in the village/town's neighbourhood, the house they lived in, etc.

La Prima Comunione

My first communion

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Include photographs of First Communion, name of Godparents, gifts received, etc.

I miei giorni di scuola

My school days

Add stories from their school days, how they traveled to school, names of their school friends, etc.

I miei amici

My friends

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Include stories about “special moments” shared with their friends, what they got up to, etc.

Le feste in paese

Social/religious events in my town/village

Include special memories and photographs of patron saint's day, market days, special celebrations, etc.

Il mio lavoro in Italia

My job in Italy

Add details on how they got their first job, how long they worked for, if they enjoyed working, etc.

Il mio lavoro in Australia

My job in Australia

Add details on how they got their first job in Australia.

Il mio matrimonio

My wedding

Include stories on how the couple met, how long they were courting, their wedding ceremony, gifts received, etc.

I miei figli

My children

Include names of children, their present ages (if applicable) and details of happy family times.

Quando ho smesso di lavorare

My retirement

Age of retirement, how they felt on the day of retirement, gifts received, etc.

I miei nipoti

My grandchildren

Include memories and photographs of their grandchildren.

I miei passatempi

My hobbies and interests

Add a list of their hobbies and interests, including music preferences.

Il mio viaggio per l'Australia

My journey to Australia

Include special memories and photographs of their first trip to Australia.

L' arrivo in Australia

My arrival in Australia

Add memories and stories related to their first impressions of Australia.

La prima casa in Australia

My first home in Australia

Add photographs and memories of what it felt like owning their first home.

Cosa è importante per me

Things that I value

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Mi piace/mi piacciono...

What I like...

E.g. Foods, television programs, fashion, etc.

Non mi piace/non mi piacciono...

What I do not like...

E.g. Foods, television programs, fashion, etc.

La mia esperienza della guerra

My war experiences

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Write down (if applicable) their experiences and memories of the war.

La mia prima macchina

My first car

Add special memories and photographs of their first car.

Il mio orticello

My veggie patch

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