Momentos de mi vida

Snippets of my life

FOREWORD

"Snippets of my life" has been designed for a dual purpose:

to help staff in residential aged care facilities gain insightful knowledge on the historical/cultural/familial background of the Italian CALD resident and how this information can be used to provide better culturally appropriate care for this resident.

to help family members gather valuable personal details about their loved one and preserve this knowledge as part of their family history.

Each page can be used on its own or as part of the wider booklet. Individual pages may be placed on display in the resident's room, may be changed, edited and all pages kept together as a resource.

Taking the time to provide pictures, anecdotes and stories not only preserves the often untold elements of a person's life but also provides a basis for reminiscing and sharing life experiences.

Co.As.It. Brisbane
(*Community Partners Program Team*)

Esta/e soy yo

This is me

Include a current photograph.

Momentos de mi vida

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Yo naci en

I was born in...

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Add name of birth town/village, how the person got their Christian name etc.

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Los nombres de mis padres fueron

My parents' names were…

Add details of how parents met, include stories or photos relating to parents' wedding.

Mis hermanos

My siblings...

Include stories related to childhood experiences, how they played and what they enjoyed doing together.

Mi infancia
My childhood

Add stories of growing up in the village/town's neighbourhood, the house they lived in, etc.

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Mi primera comunion

My first communion

Include photographs of First Communion, name of Godparents, gifts received, etc.

Mis dias de escuela

My school days

Add stories from their school days, how they traveled to school, names of their school friends, etc.

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Mis amigos
My friends

Include stories about "special moments" shared with their friends, what they got up to, etc.

Eventos sociales/religiosos en mi pueblo

Social/religious events in my town/village

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Include special memories and photographs of patron saint's day, market days, special celebrations, etc.

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Add details on how they got their first job, how long they worked for, if they enjoyed working, etc.

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Mi trabajo en Australia

My job in Australia

Add details on how they got their first job in Australia.

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Mi matrimonio

My wedding

Include stories on how the couple met, how long they were courting, their wedding ceremony, gifts received, etc.

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Mis hijos
My children

Include names of children, their present ages (if applicable) and details of happy family times.

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Mi retiro en el trabajo

My retirement

Age of retirement, how they felt on the day of retirement, gifts received, etc.

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Mis nietos

My grandchildren

Include memories and photographs of their grandchildren.

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Mis pasatiempos
My hobbies and interests

Add a list of their hobbies and interests, including music preferences.

Mi viaje para Australia

My journey to Australia

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Include special memories and photographs of their first trip to Australia.

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Mi llegada a Australia

My arrival in Australia

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La primera casa en Australia

My first home in Australia

Add photographs and memories of what it felt like owning their first home.

Que cosas yo valoro

Things that I value

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Que cosas me gustan
What I like...

E.g. Foods, television programs, fashion, etc.

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Que es lo que no me gusta

What I do not like...

E.g. Foods, television programs, fashion, etc.

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Mi experiencia en la guerra

My war experiences

Write down (if applicable) their experiences and memories of the war.

Mi primer carro

My first car

Add special memories and photographs of their first car.

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Mi huerto casero

My veggie patch

Cosa muy importante para mi

Things that I value

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