

COMMONWEALTH HOME SUPPORT PROGRAM (CHSP)

DOMESTIC ASSISTANCE

- General house cleaning
- Unaccompanied shopping and bill paying
- Dish washing
- Washing, laundry and ironing
- Meal preparation

ALLIED HEALTH SERVICES

Our allied health services are implemented by health professionals in the therapeutic, diagnostic and preventative health areas.

- Physiotherapy
- Social work
- Podiatry
- Speech pathology
- Occupational therapy
- Hydrotherapy
- Dietetics

The services listed above will attract a small client contribution.



NURSING SERVICES

Our qualified nurses are able to provide you with support in your own home by:

- Assessing your clinical needs
- Wound assessments
- Ongoing wound care
- Management of pressure related problems
- Diabetic and other chronic disease management
- Monitoring general health
- Education and information on how best to care for your health
- Explanation of medication
- General personal care support

Our care services coordinators and care staff are able to cater to the needs of CALD (Culturally and Linguistically Diverse) members of our community. All CHSP services are accessible through an assessment organised by My Aged Care Tel: 1800 200 422 or myagedcare.gov.au.

Co.As.It. can assist with this process.

SOCIAL GROUP ACTIVITY CENTRE

Our centre offers carers a much needed break as well as providing the client with a wide range of social/recreational activities e.g. gentle exercise, song and dance, outings, playing cards and bingo. Transport and freshly prepared morning tea and lunch are included. Other social activities include picnics, visits to various local attractions and special events.

CENTRE BASED RESPITE

Providing quality care in a safe and stimulating environment. Activities are organised that suit the individual's hobbies and interest.

CO.AS.IT. COMMUNITY SERVICES LTD

34 Thomas Drive, Chevron Island, QLD 4217 ☎ 07 5617 9500

PO Box 106 Chevron Island, QLD 4217 📠 07 5617 9557

✉ mailgc@coasit.asn.au

🌐 coasit.asn.au

ABN: 32 068 267 816

ACN: 627 389 931



SUPPORTING YOU TO LIVE INDEPENDENTLY

(South Coast region)





Our home care packages will give you the confidence and support to remain living in your home, taking into account what matters to you and the goals you wish to achieve.

- * Affordable, timely, flexible services built on your needs and preferences.
- * Open, honest communication with our care staff and coordinators.
- * Valuing and understanding of cultural diversity.
- * Transparency and consistency in all that we do.

SERVICES AVAILABLE AS PART OF YOUR HOME CARE PACKAGE (BUT NOT LIMITED TO)

CLINICAL CARE

- Nursing
- Allied health eg. occupational therapy, physiotherapy, podiatry, social work, hydrotherapy, dietetics

PERSONAL CARE

- Bathing, showering
- Dressing
- Mobility
- Meal preparation, nutrition and eating
- Fitting sensory communication aids, equipment
- Continence management

SUPPORT SERVICES

- Help with laundry
- Basic housework
- Home cooked meals
- Grocery shopping
- Gardening, basic home maintenance
- Home modifications & equipment (related to care needs)
- Transport to help you to do shopping, visit your doctor or attend social activities of your choice

WELLNESS AND LIFESTYLE

- Social outings
- Weekly social groups
- Remedial massage

OUR PROGRAMS

Co.As.It. offers services to the general community as well as people of CALD (Culturally and Linguistically Diverse) backgrounds in the South Coast area. Services are provided through the following programs:

- Home Care Packages Program (HCP) Level 1, 2, 3 and 4 funded by the Federal Department of Health.
- Commonwealth Home Support Program (CHSP) funded by the Federal Department of Health.
- National Disability Insurance Scheme (NDIS) funded by the Commonwealth and participating states and territories.

NDIS

Supporting you to put your NDIS plan into action and have the choice and control to live the life you want, we provide a range of supports aimed at increasing your independence, inclusion and social participation.

Our NDIS Coordinator will be able to align support services to your individual plan.

HOME CARE PACKAGES (HCP)

Our services are delivered on the day and time selected by you and provide continuity of care staff as we strongly believe in maintaining great relationships between care staff and yourself.

We will be supportive, responsive, adaptive and innovative to suit your choice of care and lifestyle. We involve you in your care.

You will have unlimited access to your dedicated coordinator who will manage your care choices.



Co.As.It. is a charitable organization that has provided aged and community care services since 1978. It caters to the needs of CALD (Culturally and Linguistically Diverse) people and the general community.